

AUTUMN 2010 NEWSLETTER UNIVERSITY OF THE THIRD AGE



CHAIRMAN'S REPORT

Were you in Spain during those very hot months of July and August, enjoying or enduring the intense summer heat?? Or were you somewhere else in the world? I look forward to hearing about your travels. Perhaps space can be found in future Newsletters to feature some of your travel experiences, both to far flung and not so far flung locations. Feedback confirms that everyone enjoys reading these items submitted by our members.

Throughout the summer months your Committee were carrying on the business of managing U3A matters. It is a great support to me as Chairman to have such an enthusiastic and committed team.

If you were one of the many new members who attended and registered with us during our social open meetings in June, July or August, then on behalf of the Committee, I extend the warmest of welcomes to you. Together with our existing U3A members you can read on Page 2 how our membership continues to grow.

At our summer meetings this year, we presented for the first time, three speakers on very different topics, Insurance, Health and Funeral Planning. It remains our policy not to have speakers with a commercial objective at our full membership meetings. However the Committee feel we have an obligation from time to time to present our members with factual presentations on certain important topics that could be of interest to us all. The summer informal meetings seemed to be the ideal opportunity to do this. Judging by your comments, you certainly agreed.



Everyone enjoyed the fun generated by the Gentlemen member's cake making competition which was judged by an independent panel of judges

at the June meeting. A very competitive atmosphere prevailed and the tension was almost unbearable as the judges solemnly tasted all the entries before the final decision was announced. Congratulations to the winner, Ray Lockley who took first prize for his lemon drizzle cake. Runners up were Peter King for his decorated Victoria sponge cake (see picture), and Tony Dean. I was delighted that my iced cherry sponge fingers were highly commended!! It was great fun. We must do it again!! Whilst looking for something to write to mark the changing of the seasons, I stumbled on these words by Percy Bysshe Shelley the English romantic poet (1792-1822), who was a close friend of Lord Byron:

"There is a harmony in autumn, and a lustre in its sky, which through the summer is not heard or seen, as if it could not be, as if it had not been!"

So with the summer behind us it is now time to look forward to the commencement of a new U3A "term". I hope you will enhance your U3A experience by joining one of our many Interest or Activity Groups, all led by volunteers. There is much to occupy and interest you, with the number of groups also increasing again this year. Our Groups Co-ordinators report on Page 9 details the group activities available to members. From Creative Writing to Tai Chi and Shakespeare to Confident Driving, they are there for you to enjoy.

We always appreciate your comments and a suggestion box is provided at each monthly meeting. Any suggestions are reviewed and discussed by the Committee and I promise you will always receive their feedback.

There will be full details of the 2011 Annual General Meeting in the Winter edition of the Newsletter, but for your diaries, the proposed date of the A.G.M is Thursday 27th January.

Bob Hill Chairman bobhill2

bobhill2002@yahoo.co.uk

Forthcoming Meetings

30 September 2010 Quiz organized by Jean Cook.

28 October 2010 A talk on "Nepal and Its People" by Douglas Sidwell.

25 November 2010 A talk by Spanish teacher Clara Guivert Monreal and her husband Denjo.

14 December 2010 Christmas Entertainment. See the Social Committee report on page 6 for details.

27 January 2011 Annual General Meeting

TREASURER'S REPORT.

This summer has rushed by and in the UK this year it did become bar-b-q weather (for part of the time!) but we have had a busy time and still not had chance to use the bar-b. We are now getting ready for our return to Spain, to meet up with our friends and enjoy the warmth. The three extra meetings held at Los Arcos would appear to have been very successful, raising some money and signing up approximately 40 new members. May I say a great big thank you to all the team and, in particular, to Philip Spear for all the work involved with the cash collection during the summer months. All the activities were very successful including raffles, book sales, a cake stall and more.

It is that time of the year when **NEW** members can join at half price, $\in 6.00$, but members who have not yet renewed their subs for 2010 still have to pay $\in 12.00$. There have been several members who inadvertently renewed or joined again at the half price; they will or have been contacted.

This December completes my 3rd year as Treasurer and during this period, we have seen a large growth in membership from 60 fully paid up in February 2008 until today which stands at 278 fully paid up in August 2010. This is due to a lot of hard work by the committee and in particular, our publicity officer Bob Hill.

We will start collecting subs renewals for 2011 at the December meeting to save a big "log-jam" at the entrance doors in January. New members can sign up for 2011 in December at the full year rate which will give them a month free membership and benefits of the Club

I wish you all well and a very good winter.

Robert C Cook, <u>cook2cookies@yahoo.co.uk</u>

SPANISH FOR BEGINNERS

This is a weekly course running from October to May during which time we listen to the Michel Thomas programme which will teach us the basics of Spanish.

Obviously just once a week won't achieve very much, so students are asked to listen to the CDs in their own time as well. This also helps everyone to keep up with the group should anyone need to miss a class.

The course will start on Monday 4th October at 3.00 p.m. at my home in Pilar de la Horadada. I will contact all those who have shown interest so far with directions for finding me. If you haven't heard from me by the general meeting please let me know.

If you are interested but haven't been in contact yet, just give me a call.

Penny Godfrey 968 971 789 pennygodfrey0502@hotmail.com

MEMBERSHIP SECRETARY REPORT

What a busy summer! Those Committee members who have been in Spain during June, July and August have been extremely busy organising and running the monthly meetings – which I am sure you will read about elsewhere in this newsletter.

The success of those meetings and of the press coverage which has accompanied them has resulted in nearly 40 new members enrolling with us at those 3 meetings, bringing total membership now to just under 280.

As we approach the 300 mark keeping accurate records, particularly contact details, and getting information out to members becomes that little bit more complicated. As I write this article the Committee is about to try a new venture by sending out an information email to all members. If I have an accurate email address for you, you will receive that trial email from us about a week before the September monthly meeting. We anticipate that occasionally each year there will be information of particular interest to members and this is how we will distribute it. Email is straight forward for us to use, and, importantly "free" to the club's finances!

So everyone, if you don't receive that email it means that we do not have an accurate email address for you. If that happens please will you email me at <u>geoff.crane@hotmail.co.uk</u> to give me the accurate information. If you are one of those members who has no access to email, please can you ask another member to pass on any information we distribute, or ask a friend if you could register their email address with the club?

I look forward to being inundated with new and accurate email addresses *and telephone numbers if you have changed them*!

Geoff Crane Membership Secretary

MUSIC & THEATRE NOTICE BOARD

Websites covering professional music and theatre topics are rarely up-to-date and often difficult to follow. However, some are very good, particularly Murcia's. Try the following:

Torrevieja	www.torreviejacultural.com
Murcia	www.auditoriomurcia.org
Orihuela	www.aytoorihuela.es
Elche	www.elx.es
Cartegena	www.ayto-cartegena.es
Alicante	www.teatroprincipaldealicante.com

SHAKESPEARE GROUP

Our autumn session kicks-off on Thursday 21 October and will continue fortnightly thereafter until Christmas. I shall be starting with 'Othello' and have three DVD versions which we shall view and compare over the coming months (including the National Theatre's 1965 production with Olivier).

Like most people, I still have not seen or even read all of Shakespeare's plays, so if you would like a chance to learn what still makes him 'tick' after 400 years come and join us.

We meet in my flat in San Miguel de Salinas and start promptly at 2:30 pm, finishing around 5 pm.

Contact: Graham Evans phone 966 723 909 or noelevans@waitrose.com

ART APPRECIATION GROUP

WHEN AND WHERE?

Mixed times and venues due to various gallery opening times, etc.

Information re. group events, dates, times, sent out to group members via email.

WHAT WE HAVE DONE SO FAR THIS YEAR.

Since January we have had a selection of artistic events. These included a talk on Dali, a viewing of a DVD on the nature of beauty plus discussion group, a visit to a local exhibition in Guardamar, a talk/ demonstration by two professional artists on how to construct a painting and the medium of collage, and a visit to an art exhibition in Torrevieja including viewing some street art.

WHAT MORE WE HOPE TO DO THIS YEAR.

The Autumn/Winter period will start in October with a visit to the exhibition centre, Viste Alegre in Torrevieja to view work by Torrevejense artist Vicente Solano Ruiz, entitled 'Homage to Colour'.

Other ideas for group events include

Visit to Alicante to see newly renovated museum of modern art

Visit to Orihuela to do the sacred paintings tour in the cathedral museum

Talk by artist on viewing paintings (what to look for in a painting/the story and symbolism in the old masters) Islamic art in Murcia

Helen Fuller cavanfuller@yahoo.co.uk

SPEAKERS SECRETARY REPORT

As many of you will know, our September speaker had to postpone his talk due to professional commitments in the UK. Fortunately, Arthur Langdon has agreed to speak at our February meeting and those of us who have heard him give a talk before will look forward to this immensely. I am sure members who have not heard him speak before will also find his talk enjoyable and amusing.

As I was in the UK for the whole of the summer, I was not able to organise a replacement speaker in time, so it was decided that I should run a Quiz at the September meeting. I must stress that this is purely a short fun event and not to be taken too seriously! (particularly as I am a complete learner in the art of 'quiz-mistressing'!) I trust that you will all accept this offering in the spirit in which it is given (questions and answers not to be disputed, as I have simply taken them from a Trivial-Pursuit-type game Bob and I possess!) I hope you will enjoy it – or have enjoyed it, if you are reading this after the event.

In October one of our members, Douglas Sidwell, will be giving an illustrated talk on Nepal. He has already given an extremely interesting talk to the Armchair Travel Group on Nepal and the Gurkha reunion he attended there, but, of course, we had the whole afternoon for that. Since time is of the essence at our Thursday meetings, he has split this talk into two sections – one about Nepal and its people; the other about the Gurkhas and their traditions. In October he is covering Nepal, and is happy to return at another time, if members would like to hear more about the Gurkhas. If this is something that particularly appeals to you, please contact me.

At our November meeting we are pleased to welcome local Spanish teacher Clara Guibert Monreal and her husband Denjo. This will be a mixture of a talk on Clara's life and work here and also a little light entertainment. Something quite different I think!

Of course, in December we have no speaker, but look forward to seasonal entertainment arranged impeccably, as always, by Jean Law.

Look forward to meeting many of you at our gatherings.

Jean Cook – Speakers Secretary <u>cookonejcook@yahoo.co.uk</u>

FAMILY HISTORY GROUP

A few of us met on 15 June (see June newsletter) when many of the group had already fled summer on the Costas for the cooler and wetter climate of the UK. Hope you brought your wellies back in case of a Gota Fria !

The summer coffee mornings were a good way to keep in touch and being able to spend more time with the many prospective U3A members who turned up, proved to be beneficial as I was able to recruit some new members to join our current Family Historians.

As with all organisations, members drop in and out for a variety of reasons. The U3A offers such a wide variety of interests it is inevitable that members will be tempted. Our group continues to maintain about 28 members, 50% of whom regularly attend our friendly and lively monthly meetings, which are deliberately planned to include everyone regardless of level of knowledge or expertise on the subject. The more experienced Family Historians are "buddied" with beginners to assist and give them the benefit of their expertise.

A different topic each month gives everyone the opportunity to participate and to focus on an aspect of their own family's story.

The programme for the remainder of 2010 is :

21 st September	Childhood
19 October	A Mystery
16 November	Workshop (Members History Project)
December	To be arranged

We meet at 2pm on the 3rd Tuesday of the month at the home of one of our members , located near the Budapest Restaurant and look forward to welcoming anyone with an interest in Family and Social history.

Health alert! This subject can very soon become addictive. You have been warned.

If you would like any further information , please phone me on 966 188 300 or search me out at the monthly general meeting at Los Arcos Restaurant. Look forward to seeing you .

Janet Pogson Family History Group Leader janirenep@gmail.com

SPANISH HISTORY

After a busy few months I have now managed to finalise the arrangements for the next round of Spanish History. The first session will be on Friday 1 October and will start at 10.00 a.m. The venue is the Cavalier Bar in San Luis. The total run through takes about 18 months but as we start with the pre-history of Spain some 1.8 million years ago and finish with 2007 this is not really surprising. Along the way we meet some fascinating characters and find out some interesting facts about the country in which we are now living. I will have a list available of the topics we cover at the monthly meetings or by email if you are interested in joining us.

Cultural Trip around Almoradì Saturday 2nd October 2010

All places are now taken for the cultural tour round Almoradi.

The tour starts outside the Tourist Information Office at 10.30 a.m. The Office is located in the main square, to the left of the church as you face it.

The tour includes the casino, theatre, a chapel and the church. It culminates with an organ recital in the church. It is expected to finish at about 12.30 p.m.

There is no charge for this tour.

A thank you to Penny Godfrey for collecting names and informing members of the trip during my absence from Spain.

I look forward to seeing you all. I will be there at 10.15 am.

Keith Jones newsletteru3a@gmail.com

CONFIDENT DRIVING GROUP

The group meet on 22/6/10 and we looked at the question of Roundabouts. Suggestions were made as to how to negotiate the four main types. Three members were, for various reasons, not able to attend so a further meeting will be held sometime in September or early October.

Some members indicated the desire to be involved in a 'commentary' drive and those will be held during this coming autumn season. This will take some time as only two members at a time can take part.

I am putting together a type of fun quiz for use later this year. The point of the quiz is to stimulate thought, not to score the most points. Nobody will know the scores except the individuals concerned.

Other topics/activities, including street parking, will be completed as requested by the members.

Cavan Fuller <u>cavanfuller@yahoo.co.uk</u>

ARMCHAIR TRAVEL GROUP

Our new 'term' begins on Tuesday 12th October, when Pat and Geoff Crane will regale us with stories of their trip around the world by air in 2006.



Husband Bob and I are particularly looking forward to this, as coincidentally we were all due to be in Sydney on the same day, we arriving by

ship and they by air! It was a very emotional reunion to say the least!

Our November meeting is due to take place in the home of Jan Dirksen, who will be talking to us about her trip to the magical and mysterious Easter Island, where so much of its culture and language is lost in the mists of time.

In December we have our usual pre-Christmas gettogether with wine and mince pies, and a very short screening of photographs from a day trip to Duxford War Museum, and a flight in a bi-plane over Ely and Cambridge.

At the moment we are struggling to fit all our members into our little static caravan at Florantilles, and I am hoping that we can arrange meetings in various venues to cope with the numbers, particularly during inclement winter weather. This is under discussion at the moment.

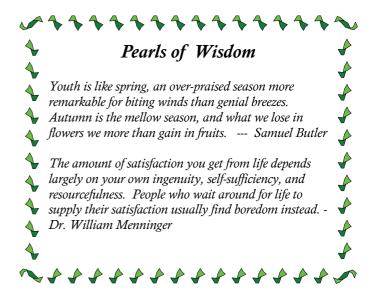
Look forward to seeing you all. Best wishes.

Jean Cook <u>cookonejcook@yahoo.co.uk</u>

CREATIVE WRITING GROUP

Commencing on Thursday, 21st October at 10.30 a.m. I will be continuing the Creative Writing group sessions. At present, I only have room for one more member. However, if anyone should drop out (as they sometimes do) I may be able to squeeze in one more at a future date. At our gatherings, we drink coffee/tea, nibble biscuits, natter, and actually write quite a lot! It doesn't matter one iota what "level" of writing members think they are at - all are welcome. We tackle all genres: poetry, travel writing, short stories, novels...articles et al, whether written for fun or profit. Why not come along? It's a perfect antidote to winter chills.

Joy Lennick joylennick@hotmail.co.uk



SPANISH LIFE & CULTURE

The Group discusses all aspects of Life & Culture in Spain, such as Food & Drink, Music & Dance, Arts & Sciences, Fiestas, Travel & Accommodation, People & Customs, Cities & Monuments, Politics & the Church, Sports & Leisure.

At the same time there will be an opportunity to learn some of the Spanish words and phrases associated with the topics, e.g. booking tickets, asking directions, asking questions

The group has access to photos, dvd's, music etc to support the topics

Meetings: Fortnightly, Wednesdays 16.30, at Hoggies Bar, San Luis (Approx1½ hrs)

Next Meetings

October 13th / 27th November 10th/ 24th December 8th

This is a 'rolling' group, with no fixed start or end, so you can join at any time.

Contact: Chris Davidson 96 540 2639 (Evenings) <u>chrisdavidsoninspain@yahoo.co.uk</u>

GREETINGS FROM THE SOCIAL COMMITTEE

As we start another year we would like to tell you about two special social events in December. The first is a trip to Benidorm market on the 1st and includes a lunch at Monroes Carvery in Moraira; the second is our Christmas meeting at Los Arcos.

BENIDORM MARKET AND MONROES CARVERY – 1ST DECEMBER 2010

Our trip by Rosa's Tours will have 4 pick-up points, times to be arranged. These will be The Lo Monte Hotel at Pilar de la Horadada, Consum car park at La Zenia, the Police station in Torrevieja (opposite Carrefour) and the arches at Quesada.

The coach will drop us at the market at approximately 11am, and pick us up again approximately 1- 1.30pm for the trip to Moraira for lunch at 2pm. Some nice shopping and a leisurely lunch will, we hope, give us all a good start to the Christmas season.

The cost will be $18 \in$ per person and we must pay the money before we leave. Can we please have names as soon as possible and payment by the end of October? Depending on the numbers booking the cost may vary slightly. One full coach will bring the price down by $2 \in$.

CHRISTMAS MEETING – TUESDAY 14TH DECEMBER 2010

The only time the December general meeting changes from the last Thursday of the month is in December. This year we have two sources of entertainment. We have the vivacious barbershop chorus Spangles, from Los Alcazares. They will do a two part package of Christmas songs and part of their regular repertoire. We have a one act play being performed by Dramatic License to keep you entertained while Spangles recover their breath after the first session. The play has received accolades in the past, and is based on a true story of an event that took place at Christmas many years ago.

Afterwards there will be an indoor boot market which normally occupies the ballroom but will be scattered throughout the rest of Los Arcos.

Angelique will provide plates of tapas for people to nibble on at a reasonable cost.

The Social Committee

Penny Godfrey, Jean Law $\,$ (965 319 311) , and Sheila Rolt

BRIDGE GROUP

This September sees the start of our 5th year of playing 'duplicate bridge'. During our first years we joined a number of other U3A Interest groups meeting at the 'old' Asturias Restaurante Playa Flamenca and now we continue at the 'new' Asturias Punta Prima. During the 12 months ended 31st August 2010, only 6 weeks were not played, 3 at Christmas 2009 and the last three in August 2010, although some diehard members played rubber bridge through both breaks. The Bridge Group has held a lunch for 30 at the Asturias in recognition of our gratitude to Carlos the owner for allowing us to use his premises free of charge.

We had five tables at our meeting on the 1st September 2010 - winners Tony Roberts and Tom Walshe, runners up Maureen Moffat and Mike Law. As the summer passes more will migrate back to Spain and numbers will swell, hopefully to beat our record attendance of 28 - 7 tables in January this year.

Derek Rush, our retired English Bridge Union tutor is back and on hand to provide an introduction to the game to new players and to advise and guide members if requested. The Group welcomes any bridge enthusiasts and those who would like to learn. The reason for playing Duplicate Bridge is to give each pairing a chance to play against the other pairs and enjoy the social intercourse of the game and not suffer the competitive elements that prevail at Bridge Clubs. Scores are kept each week as some members are interested in their performance. This does not detract from the main purpose of enjoying playing bridge.

Bob Kiss rwkiss@gmail.com

MAHJONG GROUP

We are still a small group, but are very keen to keep playing and to improve our game. We would welcome anyone who would like to learn this fascinating game or knows how to play and can help us progress.

We meet on a Tuesday morning at 10.30 a.m. at the Los Arcos in Torrevieja, usually taking one or two tables in the restaurant area. Hope to see you there.

Penny Godfrey 968971789 pennygodfrey0502@hotmail.com



Wine Tasting

Before you can even catch your breath after the summer break we are tempting you with a wine tasting trip to a bodega in Jumilla. We go on Saturday 9 October and the trip is priced at \notin 25.00 which includes the visit to the bodega, wine tasting and lunch in a local restaurant as well as seeing the wonderful scenery in this part of Spain.

Pick-ups will be at The Arches in Quesada; outside the Fire Station in Torrevieja (opposite Carrefour), Consum car park at La Zenia and the Lo Monte Hotel in Pilar de la Horadada.

It is not too late to join us on this trip, so give me a call or send an e-mail and I will add you to the list. Payment is required at the September general meeting, or if you book later than that you can pay me on the bus.

December 2011

We have great plans for the latter part of 2011 with a wonderful 7 day trip to Germany to visit the Christmas markets.

The group will fly from Alicante to Hannover and then travel by coach to Hildesheim where the Hotel Bürgermeisterkapelle will be the base for all the exciting trips. These include Nörten-Hardenberg for schnaps, travelling through the Harz mountains; to the Marienburg Castle and on to Hannover; a steam train ride between Wernigerode and Brocken, high in the Harz mountains; and much, much more, plus of course visits to Christmas markets in Hildesheim, Hannover and Kaiserstadt Goslar.

The hotel will be on a bed and breakfast basis, but includes four evening meals and one lunch for one of the day trips. All transport costs are included except travel to and from Alicante airport. An <u>estimated</u> price is \in 679 per person sharing a double room and \notin 760 per person in single accommodation, but we are unable to confirm prices at this early stage.

I would like to thank U3A member Rolf Buerger for undertaking the organisation of this trip. His local knowledge is beyond compare and I am sure we are all going to enjoy it immensely, put your names down now to ensure your place.

Spring 2011

We would like to arrange a 3-4 day trip for the early part of 2011 and would like your suggestions as to where you would like to go, so don't be shy, let me know the part of Spain you would most like to visit.

The only idea received so far is to visit Cordoba, which we could arrange for May when the Patios Festival is celebrated during the second and third week of the month,. Many houses of the historic centre open their private patios to the public and compete in a contest. This would however, depend on being able to secure accommodation, as it is a very popular time to visit Cordoba.

The sooner we get enough interest in a trip, the sooner we can arrange it, so I look forward to hearing from you.

Penny Godfrey Travel Co-ordinator 968971789 pennygodfrey0502@hotmail.com

SOUTH AFRICAN MEMORIES part 1 of 2

It was very interesting to read about members' trips to South Africa in past editions of the U3A newsletter. Now that South Africa is still basking in the aftermath of a successful Football World Cup, it's good for me to look back on all the changes that took place in the 38 years I lived there.

South Africa is certainly like a lot of separate countries rolled into one, very similar in fact to Spain, with different climates in the different provinces. I first went to this new country as an impressionable 22 year old woman with my first husband and my 10 month old baby son.

I brought up my two children - my daughter was born in Capetown - in a wonderful place with marvellous climate, apart from the South Easter Wind that blows in the Cape! When I first arrived everything seemed so strange, the bread was grey as bleaching agents were not allowed, the milk was a blueish colour, and "English" type tomatoes and new potatoes were never to be seen.

There was also no television - it eventually came in about 1974, mainly dubbed into Afrikaans, mostly American dramas or comedies though, if you were lucky, in the original version. This is one of the reasons we could never go to a quiz night here in Spain, we haven't a clue about the Television programmes between these years!

We were amongst the crowds lining the road from the prison in Paarl when Nelson Mandela was released. We gave Mrs Desmond Tutu (Lelia) a quote for garden maintenance when they gave up the Bishops House in Constantia, and saw Queen Elizabeth when she was on her last visit on Britannia. She had last been there as a young woman with her parents and Princess Margaret.

Frances Stead. U3A Member

VISIT TO CHINA

Dreams - travel - retirement - freedom adventure – <u>YES</u>

April 2008 saw me in China with an excellent touring company. Beijing and smog, well I hadn't really expected it, but it is true. Grey skies and heat greeted our arrival.

Memorable experiences simply abounded on this trip. We visited Tiananmen Square, the largest square in the world, the Forbidden City with it's architectural beauty, and all before lunch on the first day! More temples followed.

At coach parks we noticed old women waiting for our empty water bottles so they could earn a coin for their return. "Lookee lookee" men with cheap goods also waited with anticipation!

We visited the Summer Palace and KummIng Lake, More temples.

We went to Hutong, the oldest area of Beijing, where in a labyrinth of passage ways, generations of families lived in tiny stone houses. It was here I rode in a rickshaw and marvelled at the strength of a man pulling two westerners in his vehicle!

We walked on the Great Wall, and we flew to Xian to see the terracotta warriors. Huge structures covered enormous pits where line upon line of wonderfully preserved stone soldiers stood. For once words failed me."Wow"".

On to a jade factory - Yes

Included was a three day cruise along the Yangtze river to the darn and locks. What a feat of engineering. Whole villages had been relocated as the water rose in the valleys.

There Is so much to see in the world.

Mary Jolly - U3A member

A big thank you to all contributors to articles in the newsletter. If you have any articles on travel you would like to share with other members please send to Bob Hill at <u>bobhill2002@yahoo.co.uk</u> or Keith Jones at <u>newsletteru3a@gmail.com</u>. The article should be in the order of 300 words.

WALKING GROUP REPORT

Continuing our usual pattern of walking on the Saturday following the Thursday meeting means that our first walk of the new autumn season will take place on Saturday 2nd October. This is the same day as the Cultural Walk at Almoradi, but as the 50 places available on that walk were filled very quickly, we have been asked by some members to offer an alternative walk.

We will meet at the Lo Monte hotel for coffee, before driving to the start point. This easy flat circular walk will then begin from the Flamingo roundabout near Lo Pagan. The route takes us via the beach front at El Mojon. It is a circular walk of some 4.4 kms (2.75 miles). Full details and directions will be emailed to Walking Group members and some hard copies will be available at the September meeting for those not on email.

On 3rd October a group of our members will be en route to the Espuna Natural Park for a three day walking holiday. There will be a report on this venture in the next newsletter.

Dates for your diary: Following the walk on 2nd October our next two walks will take place on Saturday 30th October and Saturday 27th November. Full details and directions will be issued in due course.

Bob and Barbara Hill U3A Walking Group Leaders bobhill2002@yahoo.co.uk

GROUPS CO-ORDINATOR'S REPORT

Well after a very busy year here we are again raring to go after our summer break. I am delighted to report that the majority of the groups have either re-commenced or will be doing so in October. We currently have 25 groups and, from October, this number will increase to 28. As you will guess from this we have three new groups starting in October: Cross Stitch, Watercolour Painting and Card making. This is really great and our range of activities continues to widen and hopefully offers something for everyone. I would like to take this opportunity to express my sincere thanks to all of the Group Leaders who give their time to run the activities on behalf of the members, without them we would be bereft.

More information about groups is available at the monthly meetings. If you are interested in joining a group please contact the Group Leader to find out more information or me if he/she is not available. I look forward to seeing you at the next meeting.

Sue Kenyon Groups Co-ordinator iansuekenyon@gmail.com Telephone : 966 785 567

THE LUNCH CLUB

The Lunch Club meets on a Wednesday at 1.30pm. The date each month is approximately half-way between monthly meetings. It was well supported during the summer as more people seem to be staying over this period. In August we had 28 people at Bocados in La Zenia and in September we had 36 people at Viloriens.



Lunch is a very social occasion where members can invite friends and family. During the winter months (from October) I circulate a menu and assemble food choices for the benefit of the restaurants. We try different restaurants that can accommodate our numbers, but we do return to old favourites. I always circulate menus and travel instructions before the event.

Our meetings for the rest of 2010 will be October 13th and November 10th. For December please see events organised by the Social Committee.

REQUEST – I will be away for the first three months of 2011. If anyone has a favourite restaurant they would like to go to with a whole bunch of U3A friends, and would be prepared to organise a lunch please let me know. If you can only do one of the three months, that would be fine. If you can find a restaurant willing to take choices from the menu regardless of numbers, even better. All the organiser would have to do would be to circulate details and gather numbers.

Jean Law - Organiser of the Lunch Club -

965 319 311 law_mk@yahoo.com

TORREVIEJA

U3A The highlighted dates are a reminder of the U3A monthly meetings 2011

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MARCH										
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	MAY										
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	JULY											
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	SEPTEMBER										
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NOVEMBER										
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			APRIL			
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JUNE										
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AUGUST										
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OCTOBER									
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DECEMBER									
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